



**S**erenity  
Esthétique & Beauté

Beauty Menu

# Massages

**Anti-stress** · 60 minutes · 70 euros

This massage focusing on the neck and shoulders is perfectly indicated to relieve the stress and the relaxation of the zones of tension

**Swedish** · 60 minutes · 70 euros

An invigorating and relaxing massage that reduces stress and smoothens sore muscles while stimulating blood circulation

**Sport** · 60 minutes · 85 euros

An intensive massage that combines all forms of massages to relax the muscles

**Aromatic** · 60 minutes · 75 euros

A relaxing, refreshing and invigorating massage for the body using essential oils applied by gentle pressure

**Fusion** · 60 minutes · 75 euros

A massage combining various techniques to loosen tense muscles and reduce fatigue while stimulating blood circulation

**Lymphatic drainage** · 30 minutes · 45 euros

· 60 minutes : 65 euros

A detoxifying treatment with a blend of essential oils to stimulate blood circulation and to restore the body gently

**Foot massage** · 30 minutes · 35 euros

· 60 minutes · 60 euros

**Prenatal massage** · 60 minutes · 70 euros

This massage adapted to each stage of pregnancy helps relieve tension in the lower and upper back and reduces swelling of the feet

**Back massage** · 30 minutes · 35 euros

**Face massage** · 25 minutes · 30 euros

**Slimming massage** · 30 minutes · 45 euros

Subscriptions · 10 prepaid sessions · 2 free

5 prepaid sessions · 1 free



## Facials

**Skinovage** · 70 euros

According to skin type

## Doctor BABOR®

**Neuro sensitive care** · 80 euros

For extremely dry and sensitive skin

**Regenerating treatment** · 80 euros

Restructuring treatment of the skin (ideal before or after cosmetic surgery)

**Detoxifying** · 85 euros

Suitable for a dull and tired skin

**Purity Cellular** · 85 euros

Care against impurities of the skin

## Anti-aging care

Ultimate Face Lifting with collagen · 75 minutes · 95 euros

HSR: firming lifting care · 75 minutes · 105 euros

Reversible anti-aging treatment · 90 minutes · 120 euros

Grand Cru · 95 euros or 115 euros when buying a box of bulbs

The box of bulbs sold separately · 50 euros

OxyGeneo™ · 60 minutes · 125 euros

## Peeling

According to skin type · 30 minutes · 60 euros

Subscriptions · 3 prepaid sessions · 150 euros



# Maximus by Pollogen®

Maximus by Pollogen anti-aging treatments combine several proprietary technologies, including radio frequency. Maximus offers effective, safe, comfortable and easy to apply treatments. The treatments are intended to reduce wrinkles, firm the skin, reduce the contours of the body in the long term, improve stretch marks, straighten and firm muscles, detoxify, drain and improve the appearance of the skin. All to get a firm and rejuvenated skin.

Treatments include :

## Facial

RF facial · 25 minutes · 95 euros

RF eyes · 15 minutes · 50 euros

RF contour of the lips · 15 minutes · 50 euros

Facial electrostimulation · 20 minutes · 55 euros

## Body

RF focused on body slimming · 60 minutes · 80 euros

RF to restore skin firmness · 60 minutes · 75 euros

Drainage · 30 minutes · 65 euros

## Body scrub

Body scrub session · 35 euros

Enveloppement · 35 euros

Back treatment - scrub and mask · 20 euros

Scrub and slimming body wrap · 60 minutes · 65 euros

Back scrub and back massage · 60 minutes · 50 euros



# Wax depilations

Eyebrows · 10 euros

Upper or lower lip · 8 euros

Full face · 25 euros

3 zones face · 20 euros

Back or torso · 25 to 40 euros depending on the hair

Armpits · 10 euros

Buttocks · 12 euros

Classic bikini · 15 euros

High bikini · 20 euros

Full bikini · 25 euros

Arms · 13 to 17 euros according to the pilosity

Complete legs · 28 euros

Half-legs · 18 euros

$\frac{3}{4}$  of legs · 22 euros

Thighs · 22 euros

Half-legs and back thighs · 25 euros

# Hair removal package

Half-legs - Classic bikini - Underarms · 40 euros

Half-legs - High bikini - Underarms · 45 euros

Half-legs - Full bikini - Underarms · 50 euros

Full legs - High bikini - Underarms · 53 euros

Full legs - Full bikini - Underarms · 60 euros

# Permanent waxing

A special rate is applicable for final waxing. This rate can be obtained upon request.



## Hand care

Manicure · 20 euros

Spa manicure (exfoliation, massage, mask) · 35 euros

Nail polish · 8 euros

Frenchi nail polish · 10 euros

Manicure and exfoliation · 28 euros

Paraffin hand care · 15 euros

VSP withdrawal and manicure · 25 euros

## Foot care

Cosmetic pedicure · 30 euros

Medical pedicure · 40 euros

Spa pedicure (scrub, mask, massage) · 45 euros

Paraffin foot care · 20 euros

Pedicure and nail polish SP · 50 euros

## Nails – Pronails®

Modelling of transparent nails · 55 euros

Transparent retouching · 40 euros

Frenchi nail modeling · 65 euros

Frenchi nail polish · 50 euros

Color nail modeling · 60 euros

Retouch of colored nails · 45 euros

Repair of broken nails · 7 euros

Manicure and semi-permanent nail polish · 40 euros

Permanent varnish pose color · 25 euros

Permanent Frenchi nail polish · 30 euros

Remove gel or permanent varnish · 15 euros

Filling and formatting · 5 euros



# Beauty of your eyes

Eyelash tinting · 15 euros

Eyebrow tinting · 15 euros

Permanent eyelashes or eyebrows · 35 euros

Eyelash extensions · 75 to 90 euros

Retouching extensions · 40 euros (2 weeks)

Retouching extensions · 60 euros (3 weeks)

Eyelash removal · 15 euros

# Make-up

Day makeup · 25 euros

Evening makeup · 40 euros

Wedding makeup · 75 euros

# Make-up workshop

50 euros per session





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